



# MetaGrow™ F

0.02-0-0.01 Fungal Dominant Microbe Inoculant

**Guaranteed Analysis:**

Total Nitrogen (N) .....	0.02%
0.01% Ammoniacal Nitrogen	
0.01% Other Water Soluble Nitrogen	
Soluble Potash (K <sub>2</sub> O) .....	0.01%

**Derived From:** Arthropod Frass, Soy Protein Hydrolysate, Seaweed Extract and Potassium Hydroxide

**Product Purpose:** Amend the soil to promote plant growth

**Product Claims:** Encourages vigorous root growth; Improves soil structure and porosity – creating a better plant root environment; Improves the cation exchange capacity (CEC) of soils; Supplies organic matter; and, Aids the proliferation of soil microorganisms.

**MAY TANK MIX WITH FERTILIZERS - CHECK COMPATIBILITY. STORE OUT OF DIRECT SUN UNDER 100°F (38°C). CHECK COMPATIBILITY BEFORE MIXING WITH PESTICIDES OR FUNGICIDES.**

**This product meets the Program Standards as set forth by the United States Department of Agriculture National Organic Program (NOP) 7 CFR part 205**

**Directions for use:** MetaGrow™ F can be applied as a seed treatment, as a root dip, in transplant water, in furrow over the seed line; sprayed on a berm or “Y” dropped; through the irrigation systems, foliar spray or on crop or cover crop residue.

**Seed treatment:** 1 pint (16oz) - 4qt (128oz)/100wt seed – tumble until moisture is absorbed. **Root Dip:** Dilute MetaGrow™ F with 10 parts water and dip roots – use remainder of dip as a top dress on plants. **Transplant Water or In Furrow Over Seed Line:** 2 gal/acre direct over seeds (direct contact best) with MetaGrow™ MFOOD, Fish Hydrolysate, etc.; **Sprayed on Berm or “Y” Dropped:** 2 gal/acre – dilute at least 10:1 or as needed for coverage; **Irrigation Injection:** 2 gal/acre/application (monthly during irrigation season or at crop growth phase change) – apply at middle of the set so soil is pre-wetted and so after injection is completed there is additional water applied to push the material into the soil; **Foliar:** 1-3gal/acre depending on plant size, i.e. small bush vs large tree. Apply with MetaGrow™ MFOOD, Fish Hydrolysate, etc. - dilute sufficient for coverage. See product filter mesh size at the bottom of the label for application method compatibility. Use rates can vary from 16oz per acre up to 20 gallons per acre, depending on crop, the number of applications, and application timing.

**CAUTION: NOT FOR HUMAN CONSUMPTION. MAY BE HARMFUL IF SWALLOWED. MAY CAUSE EYE AND RESPIRATORY IRRITATION. MAY CAUSE INTESTINAL DISTRESS IF SWALLOWED.** Do not breathe spray or mist. Avoid contact with eyes. Keep container closed when not in use. **FIRST AID:** If swallowed, call a physician immediately if severe cramping occurs. Do not induce vomiting unless directed by medical personnel. If in eyes, rinse with water for at least 15 minutes. Remove contact lens after first 5 minutes. If inhaled, move person to fresh air. If on skin, wash thoroughly. If irritation persists for any exposure, call a physician. **KEEP OUT OF REACH OF CHILDREN.**

**LIMITED WARRANTY:** Sustainable Growing Solutions, LLC makes no implied or express warranties other than that the Product is consistent with the label's derivation statement and Guaranteed Analysis and is reasonably fit for the purpose set forth on the label when used with appropriate application rates for the soil and seasonal conditions where applied. Because a purchaser's handling, rate, time, and place of application are not within the control of Sustainable Growing Solutions, LLC, our liability to purchasers of this product is LIMITED to replacement of any Product not conforming to this Limited Warranty.

**Guaranteed by and Manufactured by:** Sustainable Growing Solutions, LLC, 35410 Jefferson Blvd., Clarksburg, CA 95612 (916) 284-9706

Net Contents: 275 US Gallons (1041Ltrs)  
Filter Size 100Mesh (149 Micron)



Weight per gallon 8.4 lbs (at 68°F) BIN #: 0313W  
For MSDS call 916-284-9706 Version date 7/5/23